

The Island Story

Reflection Point Worksheet

Who In Your Life's Journey Comes To Mind When You Think Of...

The Shark (*Distraction representing survival*)? **Why?**

The Clownfish (*Distraction representing pleasure*)? **Why?**

The Turtle (*Distraction representing significance*)? **Why?**

The Swordfish (*Distraction representing Achievement*)? **Why?**

Where In Your Life Do You See Yourself As...

The Shark? **Why?**

The Clownfish? **Why?**

The Island Story

The Turtle? Why?

The Swordfish? Why?

In Your Life's Journey, What Are Some....

Riptides (*Trapped Seeking To Survive*)? Why?

Reefs (*Trapped Seeking Pleasure*)? Why?

Caves (*Trapped Seeking Significance*)? Why?

Abyss (*Trapped Seeking Achievement*)? Why?

The Island Story

Who Or What Comes To Mind When You Think About...

The Island (*Where We Start / Home*) **Why?**

The Compass (*Inner Desire / Direction / Values*) **Why?**

The Boat (*Vehicle To Get Us Away From The Island*) **Why?**

The Fisherman (*Transcendent Guide / Helper*) **Why?**